



## Potty Training Polices & Guidelines

Ascension Lutheran Preschool does not require children to be toilet trained for the 2-year-old room, however, children **MUST** wear Pull-Ups with tabs, no diapers or Easy-Ups.

**Readiness:** Potty Training requires independence and cooperation, as well as maturity. Helping your child gain independence by teaching them how to dress and undress themselves is a key to using the potty on their own. Children need to be able to get their pants down easily when they are first learning to help prevent accidents. Children must also be willing to follow directions and cooperate during the learning process. Visual cues are essential during the learning process when they may not have verbal words. Children must be mature enough to recognize they have to potty by doing the “pee-pee dance,” pacing, refusing to sit, holding themselves, etc. These skills are the start of their potty-training journey.

**Clothing:** Learning to use the potty is a big milestone, and we want our students to be set-up for success. Children should wear elastic waist pants, shorts, or skirts, dresses and shirts that are no longer than waist length. **NO** one piece outfits, overalls or suspenders, tight pants or jeans. Parents should also provide training underwear, as well as plenty of extra clothes, socks and a pair of shoes in the event of accidents.

**Supplies:** Parents are responsible for providing Pull-Ups and wipes. The teachers will communicate several days in advance when the supply is depleting to provide adequate time for restocking.

**Changing Fee:** There is an additional fee for all non-potty-trained students. ***The fee is assigned until the student is fully potty-trained.*** Fully potty-trained is wearing underwear and one accident or less per week. The term accident refers to both pee-pee (urine) and bowel movements. Parents and teachers will maintain communication throughout the process and will share any progress, concerns, or questions.

**Things to Remember:** Your child needs to be able to do as much of the process independently as possible. They need to be able to pull down their own pants so that toileting can become a self-help skill. It will be very difficult for your child to get to the potty on time if they always have to wait for help from an adult.

Changes in your routine or time adjustments may need to occur in order for the potty-training process to go smoothly for your child. Make sure that your child has the time when getting ready for school to go potty, and is ***in a fresh Pull-Up upon arrival.*** Take your child with you to the bathroom every time you go. This helps them see what goes on in the bathroom. It may seem unusual, but talk with them about the process.

There will be many times when you will want to say, “Oh, just put him in a pull-up for now because...” Going back and forth between being expected to use the potty and being put into a pull-up is very confusing to your child. You will have to consider making plans for activities. This is inconvenient, but it does not last long!

**\*\*Sign and Complete Agreement if applicable**



## Potty Training Fees & Agreement

I have read and understand Ascension Lutheran Preschool's Potty-Training Policies & Guidelines. I am aware of the additional Changing Fee and terms. I understand that we are a team working together, and I agree to communicate with the teacher any progress, concerns, or questions I may have throughout this process. My child will ***arrive in a fresh Pull-Up every morning***. I will maintain an adequate supply of Pull-Ups and wipes for my child at preschool. When my child transitions out of Pull-Ups I agree to provide an adequate supply of wipes, extra clothes including socks and a pair of shoes.

### Monthly Changing Fee

#### **FULL DAY PROGRAM 7:00 AM – 5:30 PM**

- 5 Days (M-F) \$280 additional per month**
- 4 Days \$260 additional per month**
- 3 Days \$240 additional per month**

#### **MORNING PROGRAM (HALF-DAY) 7:00 AM – 12:00 PM**

- 5 Mornings (M-F) \$240 additional per month**
- 4 Mornings \$220 additional per month**
- 3 Mornings \$200 additional per month**

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Child's Name

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School Year

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Parent/ Guardian Signature

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Date